

# Developmental Milestone Chart

Adapted by OT2M.a.m.a.com



## 1 – 2 Months

Holds head erect and lifts head	Recognizes parents
Regards faces and follows objects through visual field	Engages in vocalizations
Becomes alert in response to voice	Smiles spontaneously

## 3 - 5 Months

Grasps cube - first ulnar then later thumb opposition	Laughs
Reaches for and brings objects to mouth	Anticipates food on site
Plays at making sounds	Turns from back to side
Sits with support	

## 6 - 8 Months

Sits alone for a short period	Rolls from back to stomach
Reaches with one hand	Is inhibited by the word "NO"
First scoops up a small object then grasps it using thumb opposition	
Imitates "bye-bye" and babbles	
Passes object from hand to hand in midline	



## 9 – 11 Months

Stands holding on	Walks by supporting self on furniture
Imitates pat-a-cake and peek-a-boo	Follows one-step commands e.g., "Come here" or "Give it to me"
Uses thumb and index finger to pick up small object	



## 1 Year

Walks independently	Points to desired object
Says "mama" and "dada" with meaning	Says 1 or 2 words
Can use a neat pincer grasp to pick up a small object	
Releases cube into cup after demonstration	
Gives toy on request	



## 18 Months

Builds tower of 3-4 cubes	Walks up and down stairs
Throws ball	Says 4-20 words
Scribbles spontaneously	Understands a two-step command
Seats self in chair	Carries and hugs doll
Dumps small objects from bottle	Feeds self



## 24 Months

Speaks short phrases, 2 words or more	Verbalizes toilet needs
Builds tower of 6-7 cubes	Turns pages of book singly
Points to named objects or pictures	Plays with domestic mimicry
Stands on either foot alone and jumps off floor with both feet	Pulls on simple garment